

# MEDIA RELEASE

Melbourne  
Fringe



22 August 2011

## Insomnia Cat Came To Stay I am awake...

**"I am very awake. I've never been this awake before. Except every other night this week."**  
Quiet Little Fox proudly presents 'Insomnia Cat Came to Stay'. A story of the sleep deprived; a cross-media fusion of live music and original animation projected onto one woman. Her desperate need of sleep and descent to mania draws the audience into a captivating tale of sleepless nights, presented at multimedia haven 'Loop Bar' in Melbourne's CBD.

The show is part true story, part waking dream. Created from journal entries and life observations, it presents as a staged documentary where songs erupt when speaking becomes an inadequate form of expression. The audience are captured and taken deep within the insomniac's mind to become one with the sleep deprived mania presented before them.

This is the second collaboration between director Danny Delahunty and writer/performer Fleur Kilpatrick, their first being the incredibly successful season of 'Skinhouse' at La Mama in early 2011. Delahunty is one of Melbourne's most talented emerging directors, working both freelance and as joint Artistic Director of AtticErratic, a progressive theatre collective with expertise in inter-media performance and concept innovation. Kilpatrick is a prolific theatre writer, director and performer who heads Quiet Little Fox, an independent theatre company that exists to give voice to the 'quiet little' stories of individuals whilst entertaining, educating and touching audiences.

The visual and aural aspects of the performance are stunningly crafted by the team of professional designers. Animator / motion-graphics artist Thomas Russell has created stop-frame animations that run simultaneously with the narrative. The live score is composed and performed by Melbourne's very own Steve Hearne; his atmospheric "grit-lullaby" is predominantly composed of original songs with a jazz rock influence. The insomniac's waking dreamscape is dramatically formed by designer extraordinaire Sarah Walker, integrating Russell's projected animations, Kilpatrick's captivating performance and Hearne's delectable soundscape into a surreal world of reflections of the ever wakeful.

Insomnia Cat is self-deprecating, fast-paced, tragic, manic and a little bit sexy.

"Fleur Kilpatrick's writing is brilliantly, and brutally honest, with a silent violence erupting throughout." - Matto Lucas: <http://mattolucas.blogspot.com/2011/03/skinhouse-theatre-review.html>  
"This was one of the best things I had seen at La Mama or indeed anywhere since I started reviewing back in mid-2008, some 253 shows." - Peter Green: 3MBS 103.5FM, Sunday April 3  
"Awareness of textual sound and silence with an almost choreographic use of space and stillness are evident. Steve Hearne's sound design is omnipresent but never distracting." - MARK HOPKINS THE AUSTRALIAN

<http://www.tumblr.com/tumblelog/insomniacat2011>  
<http://www.sjhmusic.com/>

### Insomnia Cat Came To Stay

#### VENUE

Loop  
23 Meyers Place  
Melbourne, Victoria 3000

DATES: 21 - 22, 24 & 27-29 Sept and 4, 6 & 8 Oct  
TIME: 6.00pm, Tue 10.30pm (50min)

#### TICKETS

Full: \$18.00  
Concession: \$16.00  
Tightarse Tuesday: \$14.00  
Group: \$14.00  
TO BOOK visit [melbournefringe.com.au](http://melbournefringe.com.au) or call (03) 9660 9666

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