

# MEDIA RELEASE

Melbourne  
Fringe



26 July 2011

## Mind Games

### A cabaret on melancholy and mania

**Mind Games: A mischievous cabaret about mental health.**

**Funny and seductive, the Mind Games cabaret presents an irreverent take on depression and bipolar disorder.**

**Join writer/performer Jo Loth and pianist Wade Gregory at The Butterfly Club, for a wickedly comic journey through the darker recesses of the mind.**

**Fresh from the 2011 Edinburgh Fringe, the show features torch songs, ballads and spoofs on opera, country and rap.**

Quotes from writer/performer Jo Loth:

"Sandro Colarelli, a Helpman nominated cabaret performer, directed this performance and helped me to develop the show, and his insight was invaluable."

"I think cabaret is an awesome vehicle with which to look at serious issues and really provoke discussion. It's entertaining and light, people are in a relaxed environment, and you can talk about heavy topics in a fun and playful way."

"In terms of the subject matter of this show, I've experienced depression and I wanted to create a cabaret that addressed the stigma of mental illness. But I didn't want to just do a show about myself (because I thought it would be boring and potentially self-indulgent), so I interviewed other women, and through that process met some women with bipolar disorder... so the show became an exploration of depression and bipolar from different peoples' points of view. I hope that the show is entertaining and thought-provoking, and also speaks to people's own experiences of mental illness, at whatever level it occurs."

"All of the songs in the show are originals, and most of the songs parody different musical styles including opera, country and rap."

"Critics' pick of the 2011 Edinburgh Fringe" - Time Out, London

<http://www.reverbnation.com/joloth>

## Mind Games

### VENUE

The Butterfly Club  
204 Bank St  
South Melbourne, Victoria 3205

DATES: 6-9 Oct

TIME: 7.00pm, Sun 6.00pm (60min)

### TICKETS

Full: \$22.00

Concession: \$19.00

Group: \$18.00

TO BOOK visit [melbournefringe.com.au](http://melbournefringe.com.au) or call (03) 9660 9666

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